Mental Health/Social Work

Degrees

• Mental Health/Social Work (MHS.AAS) (http://catalog.oaklandcc.edu/programs/mental-health-social-work/mental-health-social-work-aas/)

Mental Health / Social Work Courses

MHA 1500 Fundamentals of Alcohol and Substance Abuse ............................................. 4 Credit Hours

English/ESL Placement: Placement into ENG 1510 or ESL 2520.
The course is designed to provide an overview of common substances of abuse and related substance use disorders. Course content will include an overview of the physiological, psychological and behavioral effects of common substances of abuse. The course will also cover the diagnostic criteria of substance use disorder as defined by the American Psychiatric Association. BILLABLE CONTACT HOURS: 4

MHA 1510 Substance Abuse Treatments .......... 4 Credit Hours

English/ESL Placement: Placement into ENG 1510.
Prerequisite: MHA 1500
Note: Prerequisites for courses in this department are not automatically waived for College Guest students and students with a bachelor's degree or higher from a U.S. institution.
A systematic study of methods and procedures used in treatment in the substance abuse programs. This course will include treatment techniques and community development techniques. BILLABLE CONTACT HOURS: 4

MHA 2100 Counseling and Interviewing Skills ....4 Credit Hours

English/ESL Placement: Placement into ENG 1510 or ESL 2520.
Prerequisite: Completion of two psychology (PSY) courses with a grade of 'C+' or higher.
Note: Prerequisites for courses in this department are not automatically waived for College Guest students and students with a bachelor's degree or higher from a U.S. institution.
The course is designed to introduce students to the basic techniques of interviewing used in the mental health and social work fields. The art and science of interviewing will be explored. In order to reinforce skill development, students will be required to practice interviewing skills in the classroom setting. BILLABLE CONTACT HOURS: 4

MHA 2300 Interpersonal Theory and Practice ....4 Credit Hours

English/ESL Placement: Placement into ENG 1510 or ESL 2520.
Prerequisite: Completion of two psychology (PSY) courses with a grade of 'C+' or higher.
Note: Prerequisites for courses in this department are not automatically waived for College Guest students and students with a bachelor's degree or higher from a U.S. institution.
The course is designed to provide students with an overview of counseling theories used in contemporary mental health practice. A range of therapeutic approaches including cognitive behavioral, client centered, and family systems will be explored. Theoretical tenets and application of each approach will be explored. BILLABLE CONTACT HOURS: 4

MHA 2400 Group Dynamics Theory and Practice .....4 Credit Hours

English/ESL Placement: Placement into ENG 1510 or ESL 2520.
Prerequisite: Completion of three psychology (PSY) courses with a grade of 'C+' or higher.
Note: Prerequisites for courses in this department are not automatically waived for College Guest students and students with a bachelor's degree or higher from a U.S. institution.
The course is designed to introduce students to the basic techniques and theory of the group approach. Psycho-educational, support, and counseling groups will be explored. Member engagement, group development, and strategies for working with difficult group members will also be discussed. In order to reinforce skill development, students will be required to practice group facilitation skills in the classroom setting. BILLABLE CONTACT HOURS: 4

MHA 2500 Family Systems Theory and Practice ....4 Credit Hours

English/ESL Placement: Placement into ENG 1510 or ESL 2520.
Prerequisite: Completion of three psychology (PSY) courses with a grade of 'C+' or higher.
Note: Prerequisites for courses in this department are not automatically waived for College Guest students and students with a bachelor's degree or higher from a U.S. institution.
The course is designed to provide students with a basic theoretical foundation for the practice of family therapy and family social work. Therapeutic models and techniques for successful intervention will be introduced. The impact of abuse, neglect, trauma, and mental illness on family functioning will also be explored. BILLABLE CONTACT HOURS: 4

MHA 2600 Mental Health and Social Work Internship ....................................................... 4 Credit Hours

English/ESL Placement: Placement into ENG 1510 or ESL 2520.
Prerequisite: Consent of program coordinator with successful completion of a background clearance; completion of two MHA courses and three psychology courses each with a grade of 'C+' or better.
Note: Prerequisites for courses in this department are not automatically waived for College Guest students and students with a bachelor's degree or higher from a U.S. institution.
This course provides the student with an opportunity to apply the content and skills learned during prior MHA courses into the social service field. The student will have an opportunity for a variety of experiences based upon their internship setting, interests, and career goals. Students will arrange meetings with the instructor throughout the course. In addition, students will be required to complete 135 of internship. BILLABLE CONTACT HOURS: 4