Mental Health/Social Work (MHS.AAS)

Associate in Applied Science

Human Services

The Associate of Applied Science Degree in Mental Health/Social Work (MHS) is designed to prepare students for transfer into partnering university programs and entry level employment in a range of social service careers. The program has transfer and articulation agreements with numerous university programs in Southeast Michigan. In addition, the program prepares students for entry level positions within the social work and human service fields.

Most graduates of the MHS Program intend to transfer into a bachelor degree program in social work (BSW) at one of the partnering university programs. As the field continues to require more formal education of individuals entering the profession, graduates are encouraged to transfer into a bachelor degree program. The program also prepares students for entry-level career opportunities which include: social work technician, social work assistant, case work specialist, case work assistant, human service specialist, human service specialist, mental health technician, psychiatric aid, outreach specialist, substance abuse technician, adoption counselor assistant, child and youth care worker, youth specialist, foster care specialist, and family protection specialist.

MHA classes may be taken in either the Fall or Winter Semester. Students have the option of taking one, two or three MHA classes during Fall and Winter Semesters. Students are encouraged to meet with an OCC counselor to review the program plan of the MHS Program and create a personal plan of study. It is highly recommended that students intending to transfer into a bachelor degree program meet with an OCC counselor to develop a plan aligned with the transfer and articulation agreements of the respective bachelor degree program of interest. Current substance abuse, physical or mental health problems might affect the student’s ability to work in this field.

Program Plan Example - Click Here

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Major Requirements</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MHA 2100</td>
<td>Counseling and Interviewing Skills</td>
<td>4</td>
</tr>
<tr>
<td>MHA 2300</td>
<td>Interpersonal Theory and Practice</td>
<td>4</td>
</tr>
<tr>
<td>MHA 2400</td>
<td>Group Dynamics Theory and Practice</td>
<td>4</td>
</tr>
<tr>
<td>MHA 2500</td>
<td>Family Systems Theory and Practice</td>
<td>4</td>
</tr>
<tr>
<td>Complete one of the following MHA courses:</td>
<td></td>
<td></td>
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<tr>
<td>MHA 1500</td>
<td>Fundamentals of Alcohol and Substance Abuse</td>
<td>4</td>
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<tr>
<td>or</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MHA 2600</td>
<td>Mental Health and Social Work Internship</td>
<td>4</td>
</tr>
<tr>
<td>Required Supportive Courses</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ENG 1510¹</td>
<td>Composition I</td>
<td>3</td>
</tr>
<tr>
<td>PSY 2510¹</td>
<td>Introduction to Psychology</td>
<td>3</td>
</tr>
<tr>
<td>PSY 2810¹</td>
<td>Psychology of Adjustment</td>
<td>3</td>
</tr>
<tr>
<td>PSY 2910</td>
<td>Abnormal Psychology</td>
<td>3</td>
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<tr>
<td>SOC</td>
<td>Any Sociology course</td>
<td>3</td>
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<tr>
<td>Complete one of the following PSY courses:</td>
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<tr>
<td>PSY 2710¹</td>
<td>Child Development</td>
<td>3</td>
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<tr>
<td>or</td>
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<tr>
<td>PSY 2740</td>
<td>Human Development Across the Lifespan</td>
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<tr>
<td>Total Credit Hours for Program-Related Courses</td>
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<tr>
<td>Recommended Electives</td>
<td></td>
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<tr>
<td>ANT</td>
<td>Any Anthropology course</td>
<td>3</td>
</tr>
<tr>
<td>COM</td>
<td>Any Communication course</td>
<td>1-3</td>
</tr>
<tr>
<td>ECO 2610¹</td>
<td>Economics I</td>
<td>3</td>
</tr>
<tr>
<td>MHA 1500</td>
<td>Fundamentals of Alcohol and Substance Abuse</td>
<td>4</td>
</tr>
<tr>
<td>MHA 1510</td>
<td>Substance Abuse Treatments</td>
<td>4</td>
</tr>
<tr>
<td>MHA 2600</td>
<td>Mental Health and Social Work Internship</td>
<td>4</td>
</tr>
<tr>
<td>PER 2540</td>
<td>Medical First Responder/First Responder</td>
<td>4</td>
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<tr>
<td>POL 1510¹</td>
<td>American Government</td>
<td>3</td>
</tr>
<tr>
<td>SLS 1000¹</td>
<td>American Sign Language (ASL) I</td>
<td>3</td>
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<tr>
<td>General Education Requirements</td>
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</tr>
<tr>
<td>Communication / English (3-credits)</td>
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<tr>
<td>Fine Arts / Humanities (3-credits)</td>
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<tr>
<td>Complete 3 credits from Fine Arts/Humanities courses listed in the General Education Distribution List (<a href="http://catalog.oaklandcc.edu/graduation-requirements/general-education-distribution/#fine-arts-humanities">http://catalog.oaklandcc.edu/graduation-requirements/general-education-distribution/#fine-arts-humanities</a>)</td>
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<tr>
<td>Mathematics / Science (3-credits)</td>
<td>3</td>
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<tr>
<td>Complete 3 credits from Mathematics/Science courses listed in the General Education Distribution List (<a href="http://catalog.oaklandcc.edu/graduation-requirements/general-education-distribution/#mathematics-science">http://catalog.oaklandcc.edu/graduation-requirements/general-education-distribution/#mathematics-science</a>)</td>
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<tr>
<td>Social Science (3-credits)</td>
<td>Satisfied</td>
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<tr>
<td>Written Communication (3-credits)</td>
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<tr>
<td>Complete 3 credits from Written Communication courses listed in the General Education Distribution List (<a href="http://catalog.oaklandcc.edu/graduation-requirements/general-education-distribution/#written-communication">http://catalog.oaklandcc.edu/graduation-requirements/general-education-distribution/#written-communication</a>)</td>
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<tr>
<td>Additional elective credits needed to meet requirements for an Associate in Applied Science degree</td>
<td>13</td>
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</tbody>
</table>

Total Credit Hours 60

¹ Course may be used to meet General Education requirements.

A minimum cumulative 2.00 grade point average (GPA) overall is required for graduation.